

## THE LORD CLEANSSES AND RESTORES

### Ps. 32:1-11

1. True happiness comes from a right relationship with the Lord. Ps. 32:1-2; 16:11; Eccl. 12:13; Neh. 8:10b

*blessed = esher = happy, blessed*

*forgiven = nasa' = to lift, carry, take*

2. We experience misery when sin keeps us apart from God. Ps. 32:3-4; Isa. 59:2; Gal. 6:7-8; John 10:10

*wasted away = balah = to fail, wear out, decay, become old and worn out*

*groaning = she'agah = a rumbling or moan, roaring*

3. When we become aware of our sins, then we need to confess and repent of them. Ps. 32:5a; 139:23-24; John 16:8; 2 Cor. 6:2; 7:10; 1 John 1:9; Jas. 4:7-10; Jer. 17:9-10a

*acknowledged = yada` = to know (to ascertain by seeing)*

*confess = homologeō = to say the same, assent, covenant, acknowledge*

*forgive = aphiemī = to send away*

*repentance = metanoia = a change of mind; to turn, return*

4. When we confess and repent of our sins, God forgives us and restores us to fellowship with Him. Ps. 32:5b-6a; 51:7, 10; 1 John 1:9, 6-7; Isa. 55:6-7; Luke 15:20-24; Heb. 10:29

*grace = charis = unmerited favor, graciousness, kindness*

5. We can count on the Lord's protection from sin and help in dealing with temptation when we desire to do His will and avoid sin. Ps. 32:6b-8; 33:18; 91:1-4; 2 Tim. 2:25-26; Jas. 1:5-8; 1 Cor. 10:12-13; Matt. 6:13

*trouble = tsar = narrow; a tight place; an opponent (as crowding)*

*instruct = sakal = to comprehend, understand; make wise, intelligent, circumspect, insightful; to teach or train*

*teach = yarah = to point out (as if by aiming the finger); instruction or guidance*

*counsel = ya`ats = to plan, give advice*

*lead = eisphero = to carry inward*

6. We must stay close to the Lord, follow His instruction, and allow Him to lead us in the paths of righteousness. Ps. 32:9; 23:3; 19:7-11; 2 Tim. 3:16; Gal. 5:16; Gen. 15:6; Prov. 9:10; 2:6-7

*adequate = artios = perfect, complete*

7. Sin leads to sorrow, but obedience leads to joy. Ps. 32:10-11; 31:7-8; 103:1-5; 2 Cor. 5:21

*sorrows = mak'ob = anguish or affliction*

*trusts = batach = to hide for refuge; fig. to trust, be confident or sure*

### REFLECTION AND APPLICATION QUESTIONS

1. *Will I acknowledge that true happiness comes from a right relationship with the Lord? Will I seek to be in right relationship with the Lord with all my heart?*
2. *When I am tempted to sin, will I remember it leads to misery, the worst of which is separation from God? When I am made aware of my sin, will I be quick to seek God's forgiveness, cleansing, and restoration?*
3. *Do I ask the Lord to make me aware of any unconfessed sins? When He does, am I quick to confess and repent of them? Of what sins might I need to repent now?*
4. *Will I receive the forgiveness and restoration God has available to me when I confess my sins? Will I live in the fullness of what Jesus died to give me—abundant life with Him?*
5. *Do I continually go to the Lord and ask Him to help me with my sin tendencies? Do I listen and act upon what the Lord instructs, teaches, and counsels me about sin? Do I rely on the protective power of God or my own strength to resist sin?*
6. *Will I stay close to the Lord and follow His leading so He can protect me from sin? Will I consistently read and study God's Word and follow the leading of the Holy Spirit in applying it so I can be led in the paths of righteousness?*
7. *Will I celebrate the forgiveness available to me through Jesus Christ? Will I choose to partake of the abundant life in Christ by partaking of His forgiveness, cleansing, and restoration as often as I need it?*